# Who Pays for Poor Health?

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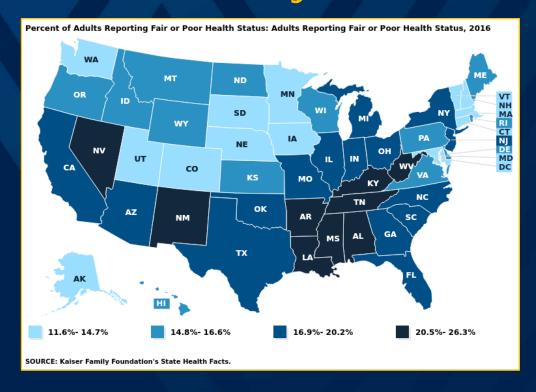
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### WV Health: Not So Heavenly

#### Worst in the US for:

- obesity
- smoking
- mental health
- overall health





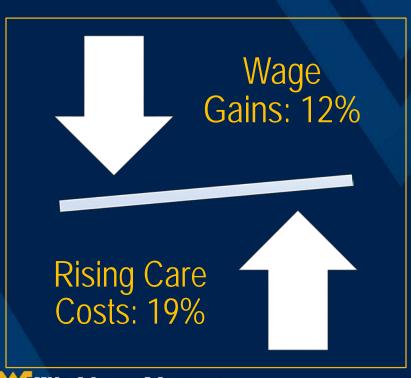
### Who Pays for Poor Health?







### Workers Pay: Health Care Costs



- Average worker pays \$5,700 for family health insurance plan
- Employees paying 30% of rising premium costs
- A family of four will spend 44% of median household income on premiums and out-of-pocket costs





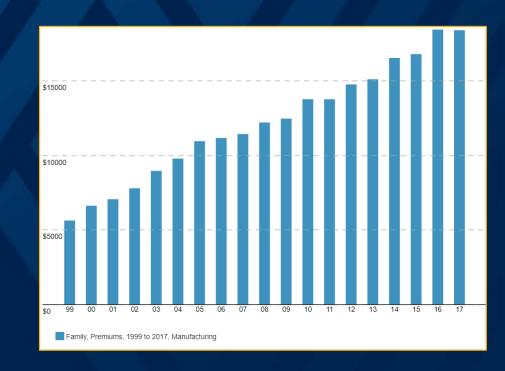
### Firms Pay: Health Care Costs

#### Overall costs are rising:

- 2017 Premium: \$18,383
- Can we ask employees to pay more?

#### WV costs are rising:

- \$ for non-exercisers about 4.7% higher
- \$ for smokers about 18.1% higher

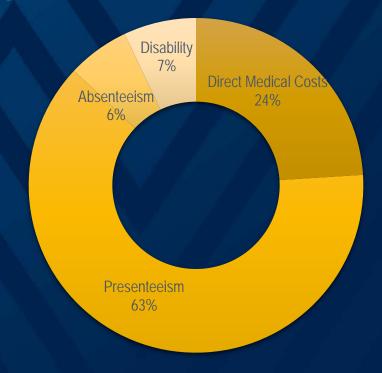






## Firms Pay: Productivity Loss

Condition	Total # Missed Workdays Per Year Per Employer	Total Cost Per Year Per Employer
Smoking	292	\$77,117
Obesity	153	\$40,498
Hypertension	221	\$58,450
Diabetes	65	\$17,107







# Firms Pay: Hidden Costs







# Firms Pay: Hidden Costs

Less Healthy Customers



Higher Medical Expenses



Less Income to Spend on Goods and Services





# Firms Pay: Hidden Costs







# Firms Pay: Substance Use

https://www.nsc.org/forms /substance-use-employercalculator

#### **TOTAL COST: \$32,624**







Expand Cost Detail >

Below is the breakout of factors that contribute to employer costs in lost time, job turnover and healthcare. Substance use is associated with other problems that can impact employees' productivity and safety, though these problems are more difficult to monetize. Click on "Other Social Costs" for more details.

LOST TIME COST DETAILS	
Avg. Days off Work:	34
Employee errors involving incident or safety risk:	0

TURNOVER & COST DETAILS	
Total Turnover:	1
Other Social Costs	



